



## ARTHRITIS DISABILITY BENEFITS QUESTIONNAIRE

**IMPORTANT** - THE DEPARTMENT OF VETERANS AFFAIRS (VA) **WILL NOT PAY** OR **REIMBURSE** ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM. PLEASE READ THE PRIVACY ACT AND RESPONDENT BURDEN INFORMATION BEFORE COMPLETING FORM.

NAME OF PATIENT/VETERAN

PATIENT/VETERAN'S SOCIAL SECURITY NUMBER

**NOTE TO PHYSICIAN** - Your patient is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the veteran's claim.

**NOTE:** Complete this questionnaire if the veteran has an inflammatory, autoimmune, crystalline or infectious arthritis, or another inflammatory or autoimmune condition. If the veteran has degenerative arthritis (*osteoarthritis*) or traumatic arthritis, do not complete this questionnaire, **INSTEAD** complete the Joint Questionnaire for the affected area (*e.g., if the diagnosis is osteoarthritis of the knee, complete the VA Form 21-0960M-9, Knee and Lower Leg Conditions Disability Benefits Questionnaire*). If the veteran has arthritis due to systemic lupus erythematosus (*SLE*), **INSTEAD** complete the VA Form 21-0960I-4, Systemic Lupus Erytematous (*SLE*) and Other Immune System Disorders (*except HIV*) Disability Benefits Questionnaire.

### SECTION I - DIAGNOSIS

1A. DOES THE VETERAN HAVE INFLAMMATORY, AUTOIMMUNE, CRYSTALLINE OR INFECTIOUS ARTHRITIS?

YES  NO (*If "Yes," complete Item 1B*)

1B. INDICATE DIAGNOSIS:

- |                                                                                    |                    |                          |
|------------------------------------------------------------------------------------|--------------------|--------------------------|
| <input type="checkbox"/> GOUT                                                      | ICD CODE(S): _____ | DATE OF DIAGNOSIS: _____ |
| <input type="checkbox"/> RHEUMATOID ARTHRITIS ( <i>atrophic</i> )                  | ICD CODE(S): _____ | DATE OF DIAGNOSIS: _____ |
| <input type="checkbox"/> GONORRHEAL ARTHRITIS                                      | ICD CODE(S): _____ | DATE OF DIAGNOSIS: _____ |
| <input type="checkbox"/> PNEUMOCOCCIC ARTHRITIS                                    | ICD CODE(S): _____ | DATE OF DIAGNOSIS: _____ |
| <input type="checkbox"/> TYPHOID ARTHRITIS                                         | ICD CODE(S): _____ | DATE OF DIAGNOSIS: _____ |
| <input type="checkbox"/> SYPHILITIC ARTHRITIS                                      | ICD CODE(S): _____ | DATE OF DIAGNOSIS: _____ |
| <input type="checkbox"/> STREPTOCOCCIC ARTHRITIS                                   | ICD CODE(S): _____ | DATE OF DIAGNOSIS: _____ |
| <input type="checkbox"/> DYSBARIC OSTEONECROSIS ( <i>Caisson Disease of Bone</i> ) | ICD CODE(S): _____ | DATE OF DIAGNOSIS: _____ |
| <input type="checkbox"/> OTHER ( <i>If checked, complete Item 1D</i> )             |                    |                          |

1C. PROVIDE ONLY DIAGNOSES THAT PERTAIN TO INFLAMMATORY, AUTOIMMUNE, CRYSTALLINE OR INFECTIOUS ARTHRITIS.

|                 |            |                     |
|-----------------|------------|---------------------|
| DIAGNOSIS # 1 - | ICD CODE - | DATE OF DIAGNOSIS - |
| DIAGNOSIS # 2 - | ICD CODE - | DATE OF DIAGNOSIS - |
| DIAGNOSIS # 3 - | ICD CODE - | DATE OF DIAGNOSIS - |

1D. IF THERE ARE ADDITIONAL DIAGNOSES THAT PERTAIN TO INFLAMMATORY, AUTOIMMUNE, CRYSTALLINE OR INFECTIOUS ARTHRITIS, LIST USING ABOVE FORMAT:

### SECTION II - MEDICAL HISTORY

2A. DESCRIBE THE HISTORY (*including onset and course*) OF THE VETERAN'S INFLAMMATORY, AUTOIMMUNE, CRYSTALLINE OR INFECTIOUS ARTHRITIS (*brief summary*):

2B. DOES THE VETERAN REQUIRE CONTINUOUS USE OF MEDICATION FOR THIS ARTHRITIS CONDITION?

YES  NO

(*If "Yes," list only those medications used for this arthritis*): \_\_\_\_\_

2C. HAS THE VETERAN LOST WEIGHT DUE TO THIS ARTHRITIS CONDITION?

YES  NO

(*If "Yes," does the Veteran's weight loss attributable to this arthritis condition cause severe impairment of health?*)

YES  NO

(*If "Yes," provide baseline weight (average weight for 2-year period preceding onset of disease): \_\_\_\_\_, and current weight: \_\_\_\_\_.*)

**SECTION II - MEDICAL HISTORY (Continued)**

2D. DOES THE VETERAN HAVE ANEMIA DUE TO THIS ARTHRITIS CONDITION?

YES  NO

*(If "Yes," does the Veteran's anemia attributable to this arthritis condition cause severe impairment of health?)*

YES  NO *(If "Yes," provide CBC under diagnostic Section 9).*

**SECTION III - JOINT INVOLVEMENT**

3A. DOES THE VETERAN HAVE PAIN WITH JOINT MOVEMENT ATTRIBUTABLE TO THIS ARTHRITIS CONDITION?

YES  NO

*(If "Yes," indicate affected joints (check all that apply)):*

CERVICAL SPINE  THORACOLUMBAR SPINE

RIGHT:  SHOULDER  ELBOW  WRIST  HAND/FINGERS  HIP  KNEE  ANKLE  FOOT/TOES

LEFT:  SHOULDER  ELBOW  WRIST  HAND/FINGERS  HIP  KNEE  ANKLE  FOOT/TOES

*(For all checked joints, describe involvement (brief summary). Also complete a Questionnaire for each affected joint, if indicated.)*

3B. DOES THE VETERAN HAVE ANY LIMITATION OF JOINT MOVEMENT ATTRIBUTABLE TO THIS ARTHRITIS CONDITION?

YES  NO

*(If "Yes," indicate affected joints (check all that apply)):*

CERVICAL SPINE  THORACOLUMBAR SPINE

RIGHT:  SHOULDER  ELBOW  WRIST  HAND/FINGERS  HIP  KNEE  ANKLE  FOOT/TOES

LEFT:  SHOULDER  ELBOW  WRIST  HAND/FINGERS  HIP  KNEE  ANKLE  FOOT/TOES

*(For all checked joints, describe limitation of movement (brief summary). Also complete a Questionnaire for each affected joint, if indicated.)*

3C. DOES THE VETERAN HAVE ANY JOINT DEFORMITIES ATTRIBUTABLE TO THIS ARTHRITIS CONDITION?

YES  NO

*(If "Yes," indicate affected joints (check all that apply)):*

CERVICAL SPINE  THORACOLUMBAR SPINE

RIGHT:  SHOULDER  ELBOW  WRIST  HAND/FINGERS  HIP  KNEE  ANKLE  FOOT/TOES

LEFT:  SHOULDER  ELBOW  WRIST  HAND/FINGERS  HIP  KNEE  ANKLE  FOOT/TOES

*(For all checked joints, describe deformities (brief summary). Also complete a Questionnaire for each affected joint, if indicated.)*

**SECTION IV - SYSTEMIC INVOLVEMENT OTHER THAN JOINTS**

4. DOES THE VETERAN HAVE ANY INVOLVEMENT OF ANY SYSTEMS, OTHER THAN JOINTS, ATTRIBUTABLE TO THIS ARTHRITIS CONDITION?

YES  NO

*(If "Yes," indicate systems involved (check all that apply)):*

OPHTHALMOLOGICAL  SKIN AND MUCOUS MEMBRANES  HEMATOLOGIC  PULMONARY  CARDIAC

NEUROLOGIC  RENAL  GASTROINTESTINAL  VASCULAR

*(For all checked systems, describe involvement (brief summary). Also complete the appropriate Questionnaire if indicated.)*

**SECTION V - INCAPACITATING AND NON-INCAPACITATING EXACERBATION**

5A. DUE TO THE ARTHRITIS CONDITION, DOES THE VETERAN HAVE EXACERBATIONS WHICH ARE NOT INCAPACITATING?

YES  NO

(If "Yes," indicate frequency of non-incapacitating exacerbations per year):

0  1  2  3  4 OR MORE

Date of most recent non-incapacitating exacerbation: \_\_\_\_\_

Duration of most recent non-incapacitating exacerbation: \_\_\_\_\_

Describe non-incapacitation exacerbation: \_\_\_\_\_

5B. DUE TO THE ARTHRITIS CONDITION, DOES THE VETERAN HAVE EXACERBATIONS WHICH ARE INCAPACITATING?

YES  NO

(If "Yes," describe): \_\_\_\_\_

(Indicate frequency of incapacitating exacerbations per year):

0  1  2  3  4 OR MORE

Date of most recent incapacitating exacerbation: \_\_\_\_\_

Duration of most recent incapacitating exacerbation: \_\_\_\_\_

Describe incapacitation exacerbation: \_\_\_\_\_

5C. DUE TO THE ARTHRITIS CONDITION, DOES THE VETERAN HAVE CONSTITUTIONAL MANIFESTATIONS ASSOCIATED WITH ACTIVE JOINT INVOLVEMENT WHICH ARE TOTALLY INCAPACITATING?

YES  NO

(If "Yes," has the Veteran been totally incapacitated due to this during the past 12 months?)

YES  NO

(If "Yes," indicate the total duration of incapacitation over the past 12 months):

- LESS THAN 1 WEEK
- 1 WEEK TO LESS THAN 2 WEEKS
- 2 WEEKS TO LESS THAN 4 WEEKS
- 4 WEEKS TO LESS THAN 6 WEEKS
- 6 WEEKS OR MORE

(Describe constitutional manifestations and the manner in which those manifestations cause incapacitation):

**SECTION VI - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS**

6A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS?

YES  NO

(If "Yes," describe (brief summary)):

6B. DOES THE VETERAN HAVE ANY SCARS (surgical or otherwise) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

YES  NO (If "Yes," also complete a Scars Questionnaire.)

**SECTION VII - ASSISTIVE DEVICES**

7A. DOES THE VETERAN USE ANY ASSISTIVE DEVICE(S) AS A NORMAL MODE OF LOCOMOTION, ALTHOUGH OCCASIONAL LOCOMOTION BY OTHER METHODS MAY BE POSSIBLE?

YES  NO

(If "Yes," identify assistive device(s) used (check all that apply and indicate frequency)):

- |                                       |                   |                                     |                                  |                                   |
|---------------------------------------|-------------------|-------------------------------------|----------------------------------|-----------------------------------|
| <input type="checkbox"/> Wheelchair   | Frequency of use: | <input type="checkbox"/> Occasional | <input type="checkbox"/> Regular | <input type="checkbox"/> Constant |
| <input type="checkbox"/> Brace(s)     | Frequency of use: | <input type="checkbox"/> Occasional | <input type="checkbox"/> Regular | <input type="checkbox"/> Constant |
| <input type="checkbox"/> Crutch(es)   | Frequency of use: | <input type="checkbox"/> Occasional | <input type="checkbox"/> Regular | <input type="checkbox"/> Constant |
| <input type="checkbox"/> Cane(s)      | Frequency of use: | <input type="checkbox"/> Occasional | <input type="checkbox"/> Regular | <input type="checkbox"/> Constant |
| <input type="checkbox"/> Walker       | Frequency of use: | <input type="checkbox"/> Occasional | <input type="checkbox"/> Regular | <input type="checkbox"/> Constant |
| <input type="checkbox"/> Other: _____ | Frequency of use: | <input type="checkbox"/> Occasional | <input type="checkbox"/> Regular | <input type="checkbox"/> Constant |

**SECTION VII - ASSISTIVE DEVICES (Continued)**

7B. IF THE VETERAN USES ANY ASSISTIVE DEVICES, SPECIFY THE CONDITION AND IDENTIFY THE ASSISTIVE DEVICE USED FOR EACH CONDITION

**SECTION VIII - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES**

8. DUE TO THE VETERAN'S INFLAMMATORY, AUTOIMMUNE, CRYSTALLINE OR INFECTIOUS ARTHRITIS, IS THERE FUNCTIONAL IMPAIRMENT OF AN EXTREMITY SUCH THAT NO EFFECTIVE FUNCTION REMAINS OTHER THAN THAT WHICH WOULD BE EQUALLY WELL SERVED BY AN AMPUTATION WITH PROSTHESIS?  
(Functions of the upper extremity include grasping, manipulation, etc., while functions for the lower extremity include balance and propulsion, etc.)

- YES, FUNCTIONING IS SO DIMINISHED THAT AMPUTATION WITH PROSTHESIS WOULD EQUALLY SERVE THE VETERAN  
 NO

(If "Yes," indicate extremity(ies) for which this applies):

- RIGHT UPPER     LEFT UPPER     RIGHT LOWER     LEFT LOWER

(For each checked extremity, identify the condition causing loss of function, describe loss of effective function and provide specific examples (brief summary)):

**SECTION IX - DIAGNOSTIC TESTING**

**NOTE** - The diagnosis of arthritis must be confirmed by imaging studies. Once arthritis has been documented, no further imaging studies are required by VA, even if arthritis has worsened.

9A. HAVE IMAGING STUDIES BEEN PERFORMED AND ARE THE RESULTS AVAILABLE?

- YES     NO

(If "Yes," indicate type of study):

X-RAY                      Area imaged: \_\_\_\_\_ Date: \_\_\_\_\_ Results: \_\_\_\_\_

OTHER, SPECIFY: \_\_\_\_\_

Area imaged: \_\_\_\_\_ Date: \_\_\_\_\_ Results: \_\_\_\_\_

9B. HAVE LABORATORY STUDIES BEEN PERFORMED? (Note: Once a diagnosis has been confirmed, laboratory studies are not indicated for a disability exam.)

- YES     NO

(If "Yes," check all that apply):

ERYTHROCYTE SEDIMENTATION RATE (ESR)                      Date of test: \_\_\_\_\_ Results: \_\_\_\_\_

C-REACTIVE PROTEIN                                                      Date of test: \_\_\_\_\_ Results: \_\_\_\_\_

RHEUMATOID FACTOR (RF)                                                      Date of test: \_\_\_\_\_ Results: \_\_\_\_\_

ANTI-DNA ANTIBODIES                                                      Date of test: \_\_\_\_\_ Results: \_\_\_\_\_

ANTINUCLEAR ANTIBODIES (ANA)                                                      Date of test: \_\_\_\_\_ Results: \_\_\_\_\_

ANTI-CYCLIC CITRULLINATED PEPTIDE (ANTI-CCP) ANTIBODIES                                                      Date of test: \_\_\_\_\_ Results: \_\_\_\_\_

CBC                                                      Date of test: \_\_\_\_\_

Hemoglobin: \_\_\_\_\_ Hematocrit: \_\_\_\_\_ White blood cell count: \_\_\_\_\_ Platelets: \_\_\_\_\_

OTHER, SPECIFY: \_\_\_\_\_ Date of test: \_\_\_\_\_ Results: \_\_\_\_\_

9C. HAS THE VETERAN HAD A JOINT ASPIRATION/SYNOVIAL FLUID ANALYSIS? (Note: Once a diagnosis has been confirmed, testing is not indicated for a disability exam.)

- YES     NO

(If "Yes," indicate joint aspirated, date and results): \_\_\_\_\_

9D. HAS THE VETERAN HAD A BIOPSY (e.g., skin, nerve, fat, rectum, kidney)? (Note: Once a diagnosis has been confirmed, testing is not indicated for a disability exam.)

- YES     NO

(If "Yes," indicate area biopsied, date and results): \_\_\_\_\_

9E. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC TEST FINDINGS AND/OR RESULTS?

- YES     NO

(If "Yes," provide type of test or procedure, date and results (brief summary)):

**SECTION X - FUNCTIONAL IMPACT**

10. DOES THE VETERAN'S INFLAMMATORY, AUTOIMMUNE, CRYSTALLINE OR INFECTIOUS ARTHRITIS CONDITION IMPACT HIS OR HER ABILITY TO WORK?

YES  NO (If "Yes," describe the impact of each of the veteran's arthritis conditions, providing one or more examples):

**SECTION XI - REMARKS**

11. REMARKS (If any)

**SECTION XII - PHYSICIAN'S CERTIFICATION AND SIGNATURE**

**CERTIFICATION** - To the best of my knowledge, the information contained herein is accurate, complete and current.

12A. PHYSICIAN'S SIGNATURE

12B. PHYSICIAN'S PRINTED NAME

12C. DATE SIGNED

12D. PHYSICIAN'S PHONE AND FAX NUMBER

12E. PHYSICIAN'S MEDICAL LICENSE NUMBER

12F. PHYSICIAN'S ADDRESS

**NOTE** - VA may request additional medical information, including additional examinations, if necessary to complete VA's review of the veteran's application.

**IMPORTANT** - Physician please fax the completed form to \_\_\_\_\_

(VA Regional Office FAX No.)

**NOTE** - A list of VA Regional Office FAX Numbers can be found at [www.vba.va.gov/disabilityexams](http://www.vba.va.gov/disabilityexams) or obtained by calling 1-800-827-1000.

**PRIVACY ACT NOTICE:** VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58/VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. Your obligation to respond is required to obtain or retain benefits. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.

**RESPONDENT BURDEN:** We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 15 minutes to review the instructions, find the information, and complete the form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at [www.reginfo.gov/public/do/PRAMain](http://www.reginfo.gov/public/do/PRAMain). If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.